
The Useful of Guidance & Counseling in Preparing Child inmates Of Sexual Harassment cases Return to the Society

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Abstract. This study aims to determine whether there are benefits of Guidance & Counseling in preparing child convicts of sexual harassment cases return to the society. The study was conducted using qualitative methods and described in a descriptive way. The research subjects were selected by 5 inmates based on a purposive method with characteristics, 1. Based of sexual harassment cases, 2. Aged between 16 to 18 years, 3. Domiciled in Pekanbaru. Data obtained by observation and in-depth interviews. The treatment given in this study by individual counseling services about 1 time, group counseling services about 2 times and group guidance services about 1 time. The results showed that Guidance & Counseling is useful in helping inmates of child sexual abuse cases prepare themselves to return to the society. After attending Guidance & Counseling, child inmates in Pekanbaru feels that they can be a good person and ready to face people who may not be able to accept them back.

Keywords: Guidance & Counseling, Child Inmates, Sexual Abuse Cases

1. Introduction

Child is someone who is not yet 18 years old, including children who are still in the womb. Law of 2002 No 23 concerning of child protection explains that children are budding, potential and young generation to succeed the ideals of the nation's struggle, have a strategic role and have the potential to guarantee the continued existence of the nation and state in the future. Based on BPS data, the number of children in Indonesia in 2018 is 33% of the total estimated population (88,312,971 for ages 0-18 years). The estimation illustrates the potential of young generation that is quite large in the future, but on the other side warns that Indonesia also has a large enough potential risk for cases of violence involving children and adolescents.

The high number of children and adolescents in a country certainly become an opportunity for the occurrence of deviant behavior according their age development. Juvenile delinquency behavior becomes a matter of concern and more attention because as their age develops, it is natural for a teenager to do delinquency. Juvenile delinquency occurs due to several factors, it can be caused from adolescents themselves (internal) or external factors (external). Factors behind the occurrence of juvenile delinquency can be grouped into internal factors and external factors. Internal factors such as identity crisis and weak self control. While external factors in the form of lack of attention from parents; lack of understanding of religion; the influence of the surrounding environment and the influence of western culture and association with peers; and place of education, (Sumara et al., 2017).

Adolescents who did delinquency and made conflict with the law will receive their punishment in prison. According to Senandi & Reumi (2018), Handling of children who did Delinquency (delinquency of children and adolescents) is regulated in Law Number 11 year 2012 concerning the Juvenile Justice System, in the form of criminal sanctions and sanctions for actions. Imposing sanctions on children is given based on their age classification, for 12 year olds given measure sanctioned while 14 years old given punishment sanctioned.

Adolescent who are get in prison have different background cases, which is of murder cases, theft cases, violence and sexual harassment cases. In the case of sexual harassment, many factors behind their commit the act. Many factors cause sexual violence. The expert explains these factors with different theoretical perspectives. According to Santrock (2007) there are several factors that influence juvenile delinquency which result in adolescents committing sexual crimes, namely 1) Identity, 2) Self Control, 3) Age, 4) Gender, 5) Expectations for education and values in school, 6) Family Processes, 7) Peer Influences 8) Socio-Economic Class 9) Quality of the Neighborhood Around the Residence.

During adolescents undergoing their detention, the government should provide guidance to the mental and behavior of them. This is because teenagers according to their age are still in the process of development both physically and psychologically. The lack of coaching activities makes teens have worries to live their lives in the future. They feel inferior and some are afraid of community reactions. Kusumaningsih (2017), shows that there is a negative relationship between self-acceptance and anxiety about the status of a convict. This is also supported by Machdi's research (2013), Pessimism arises when the prisoner is in the following circumstances and conditions: 1. Certainty of work in the future. 2. Too young and have never felt work experience. 3. There is no certainty of work after leaving prison 4. The family is not very accepting of his actions. 5. After leaving prison, you must return to meet people in the past who knew more or less their stories as ex-convicts.

Based on the above explanation, it is deemed necessary to take preventive measures to prepare child inmates so that when the punishment is completed, they can re-adapt to society and not repeat other bad deeds. Guidance & Counseling is one of the right approaches in contributing to improve problematic adolescent behavior. and Confidence in the existence of God is able to guide child to all actions are based on religion and values and are not easily influenced by material interest that leads to world welfare and the hereafter (Salehudin & Iksan, 2017). The role of the Guidance and Counseling teacher in reducing the aggressive behavior of students is quite good, namely by providing individual and group counseling (Hayati, 2016).

2. Methodology

This research was carried out on Feb to June 2019. The place of research is at Children Correctional Institution Class II, on Bindanak street no.1 Pekanbaru.

2.1. Research Design

This research was conducted using qualitative methods and described in a descriptive way. The research subjects were selected by 5 inmates based on a purposive method with characteristics, 1. Based of sexual harassment cases, 2. Aged between 16 to 18 years old, and 3. Domiciled in Pekanbaru. Data obtained by observation and in-depth interviews. The treatment given in this study by individual counseling services about 1 time in order to get individual information, group counseling services about 2 times to get problem solve for the same base and group guidance services about 1 time to prepare how they plan to return back the society. This guidance aims is done to make the mistakes will not be repeated again in the future.

Based on research as an instrument of this research, Sugiyono (2013) states that the Qualitative Researcher as a human instrument, has the function of setting research focus, selecting informants as data sources, conducting data collection, assessing data quality, analyzing data, interpreting data and making conclusions on it. To obtain objective data that can be scientifically justified requires a method, which is able to reveal data such as through observation, interviews, documentation, and so

on, each method has advantages and disadvantages so that in data collection it is necessary to choose a method that suits your needs and problems. Data analysis in this research was carried out at the time the data collection took place and after the data collection was completed within a certain period.

2.2. Data Analyze

Data collection in this study was conducted by observation, depth interview and documentation. The observation was made to understand the description of the subject and object in this research. Interview techniques are used to find out what is in the thoughts and feelings of the subject, what is his view of the world and things that cannot be achieved through observation. After all data has been collected, the researcher will make a descriptive report on the results of the study (Zulkifli, 2019).

3. Result and Discussion

3.1. Result

Pekanbaru Children Correctional Institution is a place for children who have problems with the law. At present the number of Residents are 82 persons. The background cases include: embezzlement, theft, child protection, narcotics, abuse, hold stolen goods, murder, and decency. For more details, we can see the data below:

Table 1: Data residents based on cases in LPKA Pekanbaru in 2019

No	Cases	Quantity
1	Embezzlement	1
2	Theft	36
3	Child protection	24
4	Narcotics	9
5	Abuse	6
6	Hold stolen goods	1
7	Homicides	3
8	Decency	2

Source : LPKA Pekanbaru 2019

Based on the table above, the number of inmates on child protection cases is quite high. This matter create its own problems because the perpetrators of crime are teenagers. Child protection cases include acts of sexual harassment. Where the form of sexual violence regulated in the law is obscenity. The definition of the crime of sexual harassment is a crime that contradicts and violates the norms of decency and morality of a person who are all based on sexual desire and sex by force (Zuhra, 2016).

There are many factors behind the acts of sexual harassment committed by inmates. According to Hasibuan (2007), based on bivariate analysis there is a relationship of poverty and peer pressure on the incidence of premarital sex. This shows that the influence of friends and poverty are factors that

influence premarital sex in adolescents. By research of subjects, 4 people do it on the basis of like each other while 1 person by force.

During inmates serving their punishment in prison, it should be they get coaching, especially psychological reinforcement. This is do to improve the negative behavior patterns that they learned earlier and also useful for preparing them to return back to the society. Based on a book written by Prayitno & Amti (2010), guidance and counseling services are carried out from humans, for humans and by humans. From humans it means that the service is organized based on the nature of human existence with all dimensions of humanity. For humans, it is intended that the service be held for the purposes of the great, noble and positive life of humanity towards the whole person, both humans as individuals and groups. Guidance is a process of providing assistance carried out by an expert person to a person or several individuals, both children, adolescents, and adults so that the person being guided can develop their own abilities and be independent by utilizing the strengths of individuals and existing facilities and can be developed based on applicable norms. While counseling is the process of providing assistance that is done through counseling interviews by an expert to individuals who are experiencing a problem that leads to the problem faced by the client.

The purpose of providing guidance and counseling is to help individuals develop themselves optimally in accordance with the stages of development and predisposition they have, various backgrounds that exist and in accordance with the positive demands of their environment. In this connection, guidance and counseling help individuals to become useful people in their lives who have various insights, views, interpretations, choices, adjustments, and appropriate skills regarding themselves and their environment.

3.2. Discussion

Table 2 shows the subject characteristic

Table 2. Subject Characteristic

No	Initial	Ages	Background Cases	Punishment Period	Last Education
1.	BS	16 yo	Sexual harassment & Homicide	8 years	Middle School
2.	JN	17 yo	Sexual harassment	2 years	Middle School
3.	JL	16 yo	Sodomy	5 years	Elementry School
4.	HS	17 yo	Sexual harassment	1 years	High School
5.	EG	15 yo	Sexual harassment	1 years 2 month	Middle School

Reference: LPKA Pekanbaru data 2019

Guidance and Counseling material
 - First meeting

Table 3 shows the interview result

Table 3. Interview Result

No	Questions	BY	JN	JL	HS	EG
1.	Tell the chronology of your arrest	I have been dating since the age of 12. At the age of 14 my girlfriend is pregnant. I'm afraid and I killed her,mam.	I'm going out with girl who in higher level at school. When he texted me to ask him to stay at her house, I came. But waiting for his parents to sleep first. After that my girlfriend opened the door for me. But one day when I was being humiliated by my girlfriend, his mother opened the cupboard and they called the Police. So I've been arrested.	I was caught trying to sodomize my neighbor's child.	When I and my friend were drinking coffee in a stall, we were overnight so the owner of the stall invited us to spend the night in his place. When morning comes, suddenly the people arrested me and my friend because they thought I slept with the stall owner's son,mam.	My girlfriend often fights with her father. One day, she asked me to accompany her to run to Lampung because he could no longer stand being beaten by his father. I felt sorry for her and accompanied him to run away.
2.	After being in prison, how do you feeling ?	Sad and shame	Sad	Shame and scared	Shame	Sad
3.	What do you think if you leave prison later?	I don't know yet, mam. I'm scared that the victim's family trying to find me	Probably I'll take the education again but I feel scared and very shame that people will reject me	I'm worry that people outside will mocking and condescending me	I'll find a job but I worry that there's no one will accept me	I'll continuing study
4.	What do you thing if you return back to the community?	I don't know.I have no idea.I'm very scared	I might be ridiculed and embarrassed	I will improve myself	I'm going to look for a good job	I have no idea

- Next meeting

Table 4 shows the 2 times group counseling theme and 1 times group guidance theme

Table 4. Group counseling and group guidance theme

Times	Material	Meeting
1	Mindset changes	1x45 minutes
1	Self Concept	1x45 minutes
1	Future Orientation	1x45 minutes

4. Conclusion

Before being given guidance and counseling services, based on the results of interviews with counseling individual, it was found that child inmates do not have a description of how they view the future when they return back to the society. After services was done, the five subjects are expected to be better equipped to face the community when they return back. For the next researcher is expected to be more detailed in providing services so that they can better prepare child inmates to faced their future.

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